



Kent County YMCA April Aquatics Schedule 3/30-4/19

Updated: 3/27/26

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap/Leisure 4 Lanes 6:00am - 9:55am	Lap/Leisure 4 Lanes 6:00am - 9:55am	Lap/Leisure 4 Lanes 6:00am - 9:55am	Lap/Leisure 4 Lanes 6:00am - 9:55am	Lap/Leisure 4 Lanes 6:00am - 9:55am	Lap/Leisure 4 Lanes 6:00am - 7:55am	Lap/Leisure 4 Lanes 6:00am - 8:55am
Water Fitness 4 Lanes 10:00am - 11:00am	Water Fitness 4 Lanes 10:00am - 11:00am	Water Fitness 4 Lanes 10:00am - 11:00am	Water Fitness 4 Lanes 10:00am - 11:00am	Water Fitness 4 Lanes 10:00am - 11:00am	Lessons 4 Lanes 8:00am-11:55pm	Lessons 4 Lanes 9:00am-10:55pm
Lap/Leisure Lessons Phys. Ther 2 Lanes 1 Lanes 1 Lane 11:05am - 1:55pm	Lap Lessons 3 Lanes 1 Lane 11:05am - 2:00pm	Lap/Leisure Lessons Phys. Ther 2 Lanes 1 Lanes 1 Lane 11:05am - 1:55pm	Lap Lessons 3 Lanes 1 Lane 11:05am - 2:00pm	Lap Lessons 3 Lanes 1 Lane 11:05am - 3:25pm	Lessons/Family 2 lanes/2 Lanes 12:00pm-12:55pm	Family Bday PT 2 Lanes 2 Lanes 11:00pm-12:00pm
Lap Family Phys Ther 1 Lanes 2 Lanes 1 Lane 2:00pm-3:25pm	Lap Family 2 Lanes 2 Lanes 2:05pm-4:55pm	Lap Family Phys Ther 1 Lanes 2 Lanes 1 Lane 2:00pm-3:25pm	Lap Family 2 Lanes 2 Lanes 2:05pm-3:25pm	Lap/Leisure 4 Lanes 3:30pm - 4:55pm	Family 4 Lanes 1:00pm-3:00pm	Lessons Family 2 lanes 2 Lanes 12:00-1:45pm
Lap Lessons Family 1 Lanes 1 Lane 2 Lanes 3:30pm - 5:55pm	Swim Team 4 Lanes 5:00pm-7:00pm	Swim Team 4 lanes 3:30pm-7:30pm	Swim Team 4 Lanes 3:30pm-7:00pm	Swim Team 4 Lanes 5:00pm-6:00pm	Lap/Leisure 4 Lanes 3:00pm-4:45pm	
Swim Team 4 Lanes 6:00pm - 7:30pm	Lap Lessons Family 1 Lane 1 Lane 2 Lane 7:05pm-8:45pm	Lap Lessons Family 1 Lane 1 Lane 2 Lanes 7:35pm-8:45	Lap Lessons Family 1 Lane 1 Lane 2 Lane 7:05pm-8:45pm	Family Lessons 3 Lanes 1 Lane 6:05pm-7:45pm	**RI General Law: Cleansing showers, at the facility, are required prior to entering the pool. We reserve the right to deny access.	
Lap Lessons Family 1 Lanes 1 Lane 2 Lanes 7:35pm - 8:45pm	**Schedule is subject to change without notice.**					

See reverse side for vacation week schedule: April 20-26



Kent County YMCA April Vacation Week **4/20-4/26**

Updated: 3/27/26

Monday			Tuesday			Wednesday			Thursday			Friday		Saturday		Sunday	
Lap/Leisure 4 Lanes 6:00am - 9:55am			Lap/Leisure 4 Lanes 6:00am - 9:55am			Lap/Leisure 4 Lanes 6:00am - 9:55am			Lap/Leisure 4 Lanes 6:00am - 9:55am			Lap/Leisure 4 Lanes 6:00am - 9:55am		Lap/Leisure 4 Lanes 6:00am - 7:55am		Lap/Leisure 4 Lanes 6:00am - 8:55am	
Water Fitness 4 Lanes 10:00am - 11:00am			Water Fitness 4 Lanes 10:00am - 11:00am			Water Fitness 4 Lanes 10:00am - 11:00am			Water Fitness 4 Lanes 10:00am - 11:00am			Water Fitness 4 Lanes 10:00am - 11:00am		Lessons 4 Lanes 8:00am-11:55pm		Lessons 4 Lanes 9:00am-10:55pm	
LG Training 1 Lane	Family 2 Lanes	Phys. Ther 1 Lane	Lap 2 Lanes	LG Training 2 Lane	Lap/Leisure 1 Lanes	YSL Training 2 Lanes	Phys. Ther 1 Lane	YSL Training 2 Lanes	Family 2 Lanes	Lap 2 Lanes	Family 2 Lane	Lessons 2 Lanes	Lessons 2 lanes	Bday PT 2 Lanes			
11:05am - 2:25pm			11:05am - 2:25pm			11:05am - 2:25pm			11:05am-2:25pm			11:05am - 2:25pm		12:00pm-12:55pm		11:00pm-12:00pm	
OST 3 Lanes 2:30pm-3:25pm		Phys Ther 1 Lane	OST 4 Lanes 2:30pm-3:25pm		OST 3 Lanes 2:30pm-3:25pm		Phys Ther 1 Lane	LG Training 1 Lanes	OST 3 Lanes 2:30pm-3:25pm		OST 4 Lanes 2:30-3:30		Family 4 Lanes 1:00pm-3:00pm		Lessons 2 Lanes	Family 2 Lanes	
Lap/Leisure 4 Lanes 3:30pm - 4:25pm			Lap/Leisure 4 Lanes 3:30pm - 4:55pm			Swim Team 4 lanes 3:30pm-7:30pm			Swim Team 4 Lanes 3:30pm-7:00pm			Lap/Leisure 4 Lanes 3:30pm - 4:55pm		Lap/Leisure 4 Lanes 3:00pm-4:45pm			
Lap 2 Lanes	Family 2 Lane		Swim Team 4 Lanes 5:00pm-7:00pm			Lap 1 Lane	Lessons 1 Lane	Family 2 Lanes	Lap 1 Lane	Lessons 1 Lane	Family 2 Lane	Swim Team 4 Lanes 5:00pm-6:00pm		**RI General Law: Cleansing showers, at the facility, are required prior to entering the pool. We reserve the right to deny access.			
Swim Team 4 Lanes 6:00pm - 7:30pm			Lap 1 Lane	Lesson 1 Lane	Family 2 Lane							Family 3 Lanes	Lessons 1 Lane				
7:35pm - 8:45pm			7:05pm-8:45pm			**Schedule is subject to change without notice.**						6:05pm-7:45pm					
Lap 1 Lanes	Lessons 1 Lane	Family 2 Lanes															
7:35pm - 8:45pm																	

See reverse side for schedule covering dates March 30 - April 19