

Cranston Family YMCA

GYMNASIUM SCHEDULE

Winter: 02/28/2026-05/03/2026

Updated 02/24/2026



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|-------------------------------------|---|-------------------------------------|
| 5:00-10:00am Open Gym | 5:00-10:00am Open Gym | 5:00-10:00am Open Gym | 5:00-10:00am Open Gym | 5:00-10:00am Open Gym | 6:00-8:45am Open Gym | 6:00-9:45pm Open Gym |
| 10:00 - 1:00pm Pickleball | 10:00 - 1:00pm Pickleball | 10:00 - 1:00pm Pickleball | 10:00 - 1:00pm Pickleball | 10:00 - 1:00pm Pickleball | 9:00-11:45am Youth & Preschool Games* | 10:00 - 1:00pm Pickleball |
| 1:00-3:45pm Open Gym | 1:00-4:45pm Open Gym | 1:00-4:45pm Open Gym | 1:00-5:00pm Open Gym | 1:00-3:45pm Open Gym | 12:00 - 2:00pm Pickleball | 1:00-2:45pm Open Gym |
| 4:00 - 5:00pm Pickleball | 5:00 - 5:45pm Soccer* | 5:15 - 5:45pm Soccer Skills & Drills* | 5:15 - 5:45pm Preschool Basketball* | 4:00 - 6:00pm Pickleball | 2:00-5:45pm Open Gym | |
| 5:15 - 5:45pm Youth Basketball* | 6:00 - 6:45pm Youth Basketball* | 6:00-6:45pm Soccer* | 6:00-6:45pm Preschool Soccer* | 6:00-6:45pm Open Gym | | |
| 6:00 - 6:45pm Youth Basketball* | 7:00-8:45pm Open Gym | 7:00 - 8:45pm Open Gym | 7:00 - 8:45pm Open Gym | | | |
| 7:00 - 8:45pm Open Gym | | | | | | |

Gymnasium is closed fully on Mondays and Thursdays from 5:00p to 7:00p

Schedule is subject to change.