

**FEB 2026**

**Newman YMCA**



# POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim (4) 6:30-8:40am	Lap Swim (4) 6:30-12:00pm	Lap Swim (4) 6:30-8:30am	Lap Swim (4) 6:30-12:00pm	Lap Swim (4) 6:30-8:30am	Lap (2) 9:00-1:30pm Swim Lessons (2) 9:00-11:00am
Lap (1) 8:45-9:30am Aqua Aerobics (3) 8:45-9:30am	Lap (2) 3:00-4:30pm Family Swim (2) 3:00-6:30pm	Lap (1) 8:45-9:30am Aqua Aerobics (3) 8:45-9:30am	Lap (2) 3:00-5:30pm Family Swim (2) 3:00-6:30pm	Lap (1) 8:45-9:30am Aqua Aerobics (3) 8:45-9:30am	Family Swim (2) 11:00-1:30pm
Lap Swim (4) 9:30-12:00pm	Swim Lessons (2) 4:30 - 6:30	Lap Swim (4) 9:30-12:00pm	Swim Lessons (2) 5:30 - 6:30	Lap Swim (4) 9:30-12:00pm	
Lap (2) 3:00-4:30pm Family Swim (2) 3:00-8:30pm	Lap (1) 6:30-7:15pm Aqua Aerobics (3) 6:30-7:15pm	Lap (2) 3:00-8:30pm Family Swim (2) 3:00-8:30pm	Lap (1) 6:30-7:15pm Aqua Aerobics (3) 6:30-7:15pm	Lap (2) 3:00-6:00pm Family Swim (2) 3:00-6:00pm	
Swim Lessons (2) 4:30 - 7:30	Lap Swim (4) 7:30-8:30pm		Lap Swim (4) 7:30-8:30pm		
Lap Swim (2) 7:30-8:30pm					

**Schedule is subject to change.**