

OCT 2025



POOL SCHEDULE

South County YMCA

MONDAY

Lap & Leisure
5:00-8:55am
Lap(4) Leisure(1)

Deep End
9:00-9:50am

Aqua Dance
9:00-9:50am

Lap & Leisure
10:00am-3:30pm
Lap(3) Leisure(2)

Swim Team
3:30-7:00pm

Family & Leisure
5:00-7:50pm
(2 Lanes)

Lap
7:00-7:50 pm
(2 Lanes)

TUESDAY

Lap & Leisure
5:00-8:30am
Lap(4) Leisure(1)

Lap
8:30-10:00am
Lap (1)

Deep Water X
8:30-9:15
Shallow Water X
9:15-10:00

Lap & Leisure
10:00am-3:30pm
Lap(3) Leisure(2)

Swim Team
3:30-6:00pm
(All Lanes)

Masters Swim
6:00-8:30pm
(All Lanes)

WEDNESDAY

Lap & Leisure
5:00-8:55am
Lap(4) Leisure(1)

Deep End
9:00-9:50am

Aqua Dance
9:00-9:50am

Lap & Leisure
10:00am-3:30pm
Lap(3) Leisure(2)

Swim Team
3:30-4:00pm
(All Lanes)

Swim Team
4:00-7:00pm
(3 Lanes)

Swim Lessons
4:00-6:00pm
(2 Lanes)

Family & Leisure
7:00-7:50pm
(2 Lanes)

Lap
7:00-7:50 pm
(3 Lanes)

THURSDAY

Lap & Leisure
5:00-8:30am
Lap(4) Leisure(1)

Lap
8:30-10:00am
Lap (1)

Deep Water X
8:30-9:15
Shallow Water X
9:15-10:00

Lap & Leisure
10:00am-3:30pm
Lap(3) Leisure(2)

Swim Team
3:30-6:00pm
(All Lanes)

Masters Swim
6:00-8:30pm
(All Lanes)

FRIDAY

Lap & Leisure
5:00-8:55am
Lap(4) Leisure(1)

Lap
9:00-9:50am
Lap (1)

Kick & Chat
9:00-9:50am
Lap (4)

Lap & Leisure
10:00am-3:30pm
Lap(3) Leisure(2)

Swim Team
3:30-4:30pm
(3 Lanes)

Swim Team
4:30-6:30pm
(3 Lanes)

Swim Lessons
4:30-6:10pm
(2 Lanes)

Family & Leisure
6:10-6:50pm
(2 Lanes)

Lap
6:30-7:00 pm
(3 Lanes)

SATURDAY

Lap & Leisure
6:00-8:45am
Lap(4) Leisure(1)

Swim Lessons
9:00am-12:00pm
(4 Lanes)

Lap
9:00am-12:00pm
(1 Lanes)

Family & Leisure
12:00-2:45pm
(2 Lanes)

Lap Swim
12:00-2:45pm
(3 Lanes)

SUNDAY

Lap & Leisure
6:00-9:00am
Lap(4) Leisure(1)

Masters Swim
9:00am-12:00pm
(All Lanes)



» **SPECIAL EVENT: SWIMMING WITH THE PUMPKINS!!**

Friday, October 24th 6:00PM-7:50PM
Come join us for a fun and spooky night of swimming with the pumpkins!
***Registration Required**

» **SCHEDULE ADJUSTMENT**

Wednesday, October 15th
Lap, Leisure and Family Swim CLOSED at 7:00 PM for lifeguard training

» **SWIM LESSONS**

Swim lessons are BACK! Register online today!

» **AQUA DANCE**

Registration is required for this class