

SEPT 2025



POOL SCHEDULE

September 8th – September 30th

South County YMCA

MONDAY

Lap & Leisure
5:00–8:55am
Lap(4) Leisure(1)

Deep End
9:00–9:50am

Aqua Dance
9:00–9:50am

Lap & Leisure
10:00am–3:30pm
Lap(3) Leisure(2)

Swim Team
3:30–7:00pm
(All Lanes)

Family & Leisure
7:00–8:00pm
(2 Lanes)

Lap
7:00–8:00 pm
(3 Lanes)

TUESDAY

Lap & Leisure
5:00–8:30am
Lap(4) Leisure(1)

Lap
8:30–10:00am
Lap (1)

Deep Water X
8:30–9:15
Shallow Water X
9:15–10:00

Lap & Leisure
10:00am–3:30pm
Lap(3) Leisure(2)
Swim Lessons
11:00am–11:45am

Swim Team
3:30–6:00pm
(All Lanes)

Masters Swim
6:00–8:30pm
(All Lanes)

WEDNESDAY

Lap & Leisure
5:00–8:55am
Lap(4) Leisure(1)

Deep End
9:00–9:50am

Aqua Dance
9:00–9:50am

Lap & Leisure
10:00am–3:30pm
Lap(3) Leisure(2)

Swim Team
3:30–4:00pm
(All Lanes)

Swim Team
4:00–7:00pm
(3 Lanes)

Family & Leisure
7:00–8:00pm
(2 Lanes)

Swim Lessons
4:00–6:00pm
(2 Lanes)

Lap
7:00–8:00 pm
(3 Lanes)

THURSDAY

Lap & Leisure
5:00–8:30am
Lap(4) Leisure(1)

Lap
8:30–10:00am
Lap (1)

Deep Water X
8:30–9:15
Shallow Water X
9:15–10:00

Lap & Leisure
10:00am–3:30pm
Lap(3) Leisure(2)

Swim Team
3:30–6:00pm
(All Lanes)

Masters Swim
6:00–8:30pm
(All Lanes)

FRIDAY

Lap & Leisure
5:00–8:55am
Lap(4) Leisure(1)

Lap
9:00–9:50am
Lap (1)

Kick & Chat
9:00–9:50am
Lap (4)

Lap & Leisure
10:00am–3:30pm
Lap(3) Leisure(2)
SCY Preschool 10:00am–11:00am
Swim Lessons 11:00am–11:45am

Swim Team
3:30–4:30pm
(3 Lanes)

Swim Team
4:30–6:30pm
(2 Lanes)

Family & Leisure
6:30–7:00pm
(2 Lanes)

Swim Lessons
4:30–6:10pm
(3 Lanes)

Lap
6:30–7:00 pm
(3 Lanes)

SATURDAY

Lap & Leisure
6:00–8:45am
Lap(4) Leisure(1)

Swim Lessons
9:00am–12:00pm
(4 Lanes)

Family Swim
12:00–2:45pm
(3 Lanes)

Lap
9:00am–12:00pm
(1 Lanes)

Lap Swim
12:00–2:45pm
(2 Lanes)

SUNDAY

Lap & Leisure
6:00–9:00am
Lap(4) Leisure(1)

Masters Swim
9:00am–12:00pm
(All Lanes)

» SWIM LESSONS

Swim lessons are BACK! Register online today!

» AQUA DANCE

Registration is required for this class