

GYMNASIUM SCHEDULE

Fall: 9/2/2025 – 10/28/2025

Updated 8/28/2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-10:00am Open Gym	5:00-10:00am Open Gym	5:00-10:00am Open Gym	5:00-10:00am Open Gym	5:00-10:00am Open Gym	6:00-8:45am Open Gym	6:00-9:45pm Open Gym
10:00 – 1:00pm Pickleball	10:00 – 1:00pm Pickleball	10:00 – 1:00pm Pickleball	10:00 – 1:00pm Pickleball	10:00 – 1:00pm Pickleball	9:00-11:45am Youth & Preschool Games*	10:00 – 1:00pm Pickleball
1:00-3:45pm Open Gym	1:00-4:45pm Open Gym	1:00-4:45pm Open Gym	1:00-5:00pm Open Gym	1:00-3:45pm Open Gym	12:00 – 2:00pm Pickleball	1:00-2:45pm Open Gym
4:00 – 5:00pm Pickleball	5:00 – 5:45pm Soccer*	5:15 – 5:45pm Soccer Skills & Drills*	5:15 – 5:45pm Preschool Basketball*	4:00 – 6:00pm Pickleball	2:00-5:45pm Open Gym	
5:15 – 5:45pm Youth Basketball*	6:00 – 6:45pm Youth Basketball*	6:00-6:45pm Soccer*	6:00-6:45pm Preschool Soccer*	6:00-6:45pm Open Gym		
6:00 – 6:45pm Youth Basketball*	7:00-8:45pm Open Gym	7:00 – 8:45pm Open Gym	7:00 – 8:45pm Open Gym			
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Schedule is subject to change.

Gymnasium Court Rules

- 1. Safety First: Players must warm up before playing and cool down afterward to prevent injuries.**
- 2. Respect Others- Players must respect other players, Staff, and Facility.**
- 3. Follow Rules: Players must follow all posted rules and instructions from staff.**
- 4. Clean-up: Players must clean up and dispose of trash properly.**
- 5. No Food or Drink: No food or drink is allowed on the court except for water**
- 6. No rough play: No rough play or unsportsmanlike conduct is allowed.**
- 7. No profanity: No profanity or disrespectful language is allowed.**
- 8. No smoking or vaping is allowed in the facility.**
- 9. No weapons: No weapons are allowed in the facility.**
- 10. Report incidents: Players must report any incidents or injuries to staff immediately.**
- 11. No outside Speakers- Please remember to use only headphones on the Cranston YMCA basketball court.**
- 12. Shirt On and wear sneakers at all times.**